

Congleton lyengar Yoga Centre

2 day Workshop with Uday Bhosale Saturday 14th September & Sunday 15th September 2024

10.00am - 3.30pm

We are delighted to welcome Uday back to Congleton for another vibrant weekend workshop

The energy and humour he brings, in teaching Iyengar Yoga, makes his classes really popular

Uday is based in the UK, having previously spent over 15 years working closely with the Iyengar family in Pune, India







The workshop will be suitable for all students Cost for the 2-day workshop is £100

Please sign up on Bookwhen; Booking will be confirmed on receipt of payment.

Can't make both days... please contact Louise or Mark for details. If there are spaces, single days will be made available to book for £60 each.

To book online: https://bookwhen.com/congletoniyengaryoga

For Further information please call:

Louise 07736 777752 or Mark 07990 792073 email: enquiries@congletonyogacentre.com

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